

Holy Communion



Lenten Season

**THIRD SUNDAY OF LENT
MAR. 7, 2021**

*BOOK OF COMMON PRAYER (2019)
Anglican Standard Text*

Opening Processional Hymn: #142—Lord, Who Throughout These Forty Days

1. Lord, who throughout these forty days
for us didst fast and pray,
teach us with thee to mourn our sins
and close by thee to stay.

2. As thou with Satan didst contend
and didst the victory win,
O give us strength in thee to fight,
in thee to conquer sin.

3. As thou didst hunger bear and thirst,
so teach us, gracious Lord,
to die to self, and chiefly live
by thy most holy Word.

4. And through these days of penitence,
and through thy Passiontide,
yea, evermore, in life and death,
Jesus! with us abide.

5. Abide with us, that so, this life
of suffering overpast,
an Easter of unending joy
we may attain at last!

THE ACCLAMATION

The People standing, the Celebrant says this greeting

Bless the Lord who forgives all our sins
People **His mercy endures for ever.**

THE COLLECT FOR PURITY

The Celebrant prays

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE DECALOGUE

All kneel (as able)

Celebrant God spoke these words and said: I am the LORD your God. You shall have no other gods but me.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not make for yourself any idol.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not take the Name of the LORD
your God in vain.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant Remember the Sabbath day and keep it holy.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant Honor your father and your mother.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not murder.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not commit adultery.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not steal.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not bear false witness against your neighbor.

People **Lord, have mercy upon us,
and incline our hearts to keep this law.**

Celebrant You shall not covet.

People **Lord, have mercy upon us,
and write all these, your laws, in our hearts, we beseech you.**

EXOD. 20:1-17; DEUT. 5:6-21

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other person appointed says the following

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The People kneel as able and pray

**Almighty God, Father of our Lord Jesus Christ,
maker and judge of us all:
We acknowledge and lament our many sins and offenses,
which we have committed by thought, word, and deed
against your divine majesty,
provoking most justly your righteous anger against us.
We are deeply sorry for these our transgressions;
the burden of them is more than we can bear.
Have mercy upon us,
Have mercy upon us, most merciful Father;
for your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may evermore serve
and please you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

The Bishop or Priest stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

The Celebrant may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16^T

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

1 JOHN 2:1-2^T

THE KYRIE

The Celebrant and People pray

S 91

The Holy Eucharist I

Lord, have mercy upon us *Kyrie*

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

Setting: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968)

THE COLLECT OF THE DAY

The Celebrant says to the People

The Lord be with you.

People **And with your spirit.**

Officiant Let us pray.

The Celebrant prays the Collect:

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

People **Amen.**

The First Lesson (Old Testament)

A reading from the book of Exodus (20:1-21)

And God spoke all these words, saying, ²“I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery. ³“You shall have no other gods before me. ⁴“You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. ⁵ You shall not bow down to them or serve them, for I the LORD your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, ⁶ but showing steadfast love to thousands of those who love me and keep my commandments. ⁷ “You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes his name in vain. ⁸ “Remember the Sabbath day, to keep it holy. ⁹ Six days you shall labor, and do all your work, ¹⁰ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. ¹¹ For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. ¹² “Honor your father and your mother, that your days may be long in the land that the LORD your God is giving you. ¹³ “You shall not murder. ¹⁴ “You shall not commit adultery. ¹⁵ “You shall not steal. ¹⁶ “You shall not bear false witness against your neighbor. ¹⁷ “You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.” ¹⁸ Now when all the people saw the thunder and the flashes of lightning and the sound of the trumpet and the mountain smoking, the people were afraid and trembled, and they stood far off ¹⁹ and said to Moses, “You speak to us, and we will listen; but do not let God speak to us, lest we die.” ²⁰ Moses said to the people, “Do not fear, for God has come to test you, that the fear of him may be before you, that you may not sin.” ²¹ The people stood far off, while Moses drew near to the thick darkness where God was.

The Word of the Lord

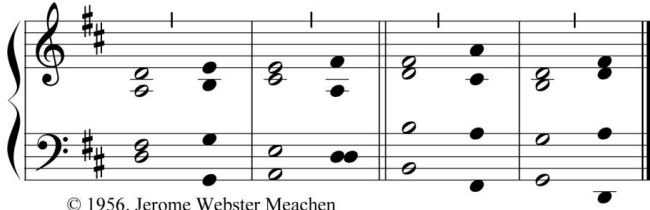
Thanks be to God

Silence may follow.

The Psalm appointed

Psalm 19:7-14

Jerome Webster Meachen (b. 1930)



© 1956. Jerome Webster Meachen

- 7 The law of the LORD is perfect, reviving the / **soul**; *
the testimony of the LORD is sure, and gives wisdom to the / **simple**.
- 8 The statutes of the LORD are right, and rejoice the / **heart**; *
the commandment of the LORD is pure, and gives light to the / **eyes**.
- 9 The fear of the LORD is clean, and endures for / **ever***
the judgments of the LORD are true, and righteous alto-/ **gether**.
- 10 More to be desired are they than gold, even much fine / **gold**; *
sweeter also than honey, than the drippings from the / **honeycomb**.
- 11 Moreover, by them is your servant / **taught**, *
and in keeping them there is great re-/ **ward**.
- 12 Who can tell how often he of-/ **fends**? *
O cleanse me from my secret / **faults**.
- 13 Keep your servant also from presumptuous sins, lest they get the dominion /
over me; *
so shall I be undefiled, and innocent of great of-/ **fense**.
- 14 Let the words of my mouth and the meditation of my heart be always
acceptable in your / **sight**, *
O LORD, my rock and my re-/ **deemer**.

The Epistle (New Testament)

A reading from Paul's letter to the Romans 7:12-25

- ¹² So the law is holy, and the commandment is holy and righteous and good.
- ¹³ Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.
- ¹⁴ For we know that the law is spiritual, but I am of the flesh, sold under sin.
- ¹⁵ For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree with the law, that it is good. ¹⁷ So now it is no longer I who do it, but sin that dwells within me.
- ¹⁸ For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. ¹⁹ For I do not do the good I want, but the evil I do not want is what I keep on doing. ²⁰ Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. ²¹ So I find it to be a law that when I want to do right, evil lies close at hand. ²² For I delight in the law of God, in my inner being, ²³ but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. ²⁴ Wretched man that I am! Who will deliver me

from this body of death? ²⁵ Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

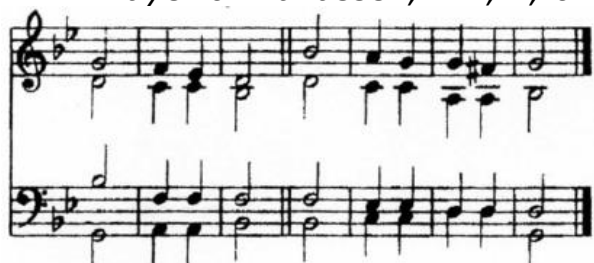
The Word of the Lord

Thanks be to God

Silence may follow.

All Stand and sing or say the following Cantic

14 A Song of Penitence *Kyrie Pantokrator*
Prayer of Manasseh, 1-2, 4, 6-7, 11-15



- 1 O Lord and Ruler of the'hosts of'heaven, *
God of Abraham, Isaac, and Jacob,
and of'all their'righteous'offspring:
- 2 You made the'heavens and the'earth, *
with'all their'vast ar'ray.
- 3 All things quake with'fear at your'presence; *
they'tremble be'cause of your'power.
- 4 But your merciful promise is be'yond all'measure; *
it surpasses'all that our'minds can'fathom.
- 5 O Lord, you are'full of com'passion, *
long-'suffering, and a'bounding in'mercy.
- 6 You hold'back your'hand; *
you do not'punish as'we de'serve.
- 7 In your great goodness, Lord, you have promised for'givenness to'sinners, '
that they may re'pent of their'sin and be'saved.
- 8 And now, O Lord, I bend the'knee of my'heart, *
and make my appeal,'sure of your'gracious'goodness.
- 9 I have sinned, O'Lord, I have'sinned, *
and I know my'wickedness'only too'well.
- 10 Therefore I'make this'prayer to you: *
For'give me,'Lord, for'give me.

- †11 Do not let me ¹perish in my ¹sin, *
nor condemn me to the ¹depths ¹of the ¹earth.
- 12 For you, O Lord, are the God of ¹those who re ¹pent, *
and in me ¹you will show ¹forth your ¹goodness.
- 13 Unworthy as I am, you will save me,
in accordance with your ¹grät ¹mercy, *
and I will praise you without ¹ceasing all the ¹days of my ¹life.
- †14 For all the powers of heaven ¹sing your ¹praises, *
and yours is the glory to ¹ages of ¹ages. A ¹men.

The Gospel Reading

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ

(2:13-22)

¹³ The Passover of the Jews was at hand, and Jesus went up to Jerusalem. ¹⁴ In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers at their business. ¹⁵ And making a whip of cords, he drove them all, with the sheep and oxen, out of the temple; and he poured out the coins of the money-changers and overturned their tables. ¹⁶ And he told those who sold the pigeons, "Take these things away; you shall not make my Father's house a house of trade." ¹⁷ His disciples remembered that it was written, "Zeal for thy house will consume me." ¹⁸ The Jews then said to him, "What sign have you to show us for doing this?" ¹⁹ Jesus answered them, "Destroy this temple, and in three days I will raise it up." ²⁰ The Jews then said, "It has taken forty-six years to build this temple, and will you raise it up in three days?" ²¹ But he spoke of the temple of his body. ²² When therefore he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word which Jesus had spoken.

The Gospel of the Lord

Praise to you, Lord Christ

The Gospel Book is returned to the altar in silence.

THE SERMON

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

Celebrant and People:

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one Baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

*Announcements are made at this time and
prayer requests are taken from the congregation.*

THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

The person appointed says these prayers.

Almighty and everliving God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

Silence

Reader Lord, in your mercy:

People **Hear our prayer.**

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially *N*, our *President*, that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

Silence

Reader Lord, in your mercy:

People **Hear our prayer.**

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, *and especially to your servants, Foley Beach, our Archbishop, Ryan Reed, our Bishop, and Bryan Stewart, our priest*, that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this Congregation, that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

Silence

Reader Lord, in your mercy:

People **Hear our prayer.**

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

Silence

Reader Lord, in your mercy:
People **Hear our prayer.**

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially _____].

Silence

Reader Lord, in your mercy:
People **Hear our prayer.**

We remember before you all your servants who have departed this life in your faith and fear, [especially _____,] that your will for them may be fulfilled; and we ask you to give us grace to follow the good examples of [N., and] all your saints, that we may share with them in your heavenly kingdom.

Silence

Reader Lord, in your mercy:
People **Hear our prayer.**

The Congregation is now invited to offer prayers of intercession and thanksgiving, both silently and out loud.

The Celebrant concludes with this Collect.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE PEACE

All stand

Celebrant The Peace of the Lord be always with you.
People **And with your spirit.**

Then the Ministers and People may greet one another in the Name of the Lord.

THE OFFERTORY

The Celebrant may begin the Offertory with one of the provided sentences of Scripture.

During the Offertory a hymn, psalm, or anthem may be sung. The Deacon or Priest prepares the Holy Table for the celebration. Representatives of the Congregation may bring the People's offerings of bread and wine, and money or other gifts, to the Deacon or Priest.

As the celebrant prepares the altar, the congregation may prepare their hearts before the Lord in silent prayer:

Let the power of the Holy Spirit come upon me, O Lord, to mercifully cleanse my heart and defend me from all adversities; through Jesus Christ our Lord. Amen.

"You prepare a table before me in the presence of those who trouble me; You have anointed my head with oil, and my cup is running over. Surely Your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever. Amen." *Psalm 23:5-6*

In union, Blessed Jesus, with the faithful gathered at every altar of your Church where Your blessed Body and Blood are offered this day, I long to offer You praise and thanksgiving, for creation and all the blessings of this life, and for the redemption won for us by Your life, death, and resurrection, for the means of grace and the hope of glory. Amen.

If offerings are presented, the People stand while they are brought forward. The following may be said:

Celebrant Yours, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for everything in heaven and on earth is yours; yours is the Kingdom, O LORD, and you are exalted as Head above all. All things come from you, O LORD,

People **And of your own have we given you.**

1 CHRONICLES 29:11, 14^T

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and says

The Lord be with you.

People **And with your spirit.**

Celebrant Lift up your hearts.

People **We lift them up to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth;

Here a Proper Preface is normally said:

Lent

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

or

Holy Week

Through Jesus Christ our Lord. For our sins he was lifted high upon the Cross, that he might draw the whole world to himself; and by his suffering and death he became the author of eternal salvation for all who put their trust in him.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

The Holy Eucharist I

S 114

Holy, holy, holy *Sanctus*

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

Setting: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968)

THE PRAYER OF CONSECRATION

The People kneel or stand. The Celebrant continues

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the Cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again. ✠

So now, O merciful Father, in your great goodness, we ask you to bless ✠ and sanctify, with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing the wine to be consecrated.

For on the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." ✠ ✠ ✠

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." ✠ ✠ ✠

Therefore, O Lord and heavenly Father, according to the institution of your dearly beloved Son our Savior Jesus Christ, we your humble servants celebrate and make here before your divine Majesty, with these holy gifts, the memorial your Son commanded us to make; remembering his blessed passion and precious death, his mighty resurrection and glorious ascension, and his promise to come again.

And we earnestly desire your fatherly goodness mercifully to accept this, our sacrifice of praise and thanksgiving; asking you to grant that, by the merits and death of your Son Jesus Christ, and through faith in his Blood, we and your whole Church may obtain forgiveness of our sins, and all other benefits of his passion.

And here we offer and present to you, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood

of your Son Jesus Christ, be filled with your grace and heavenly benediction ✠, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **Amen.** ✠

THE LORD'S PRAYER

The Celebrant then says

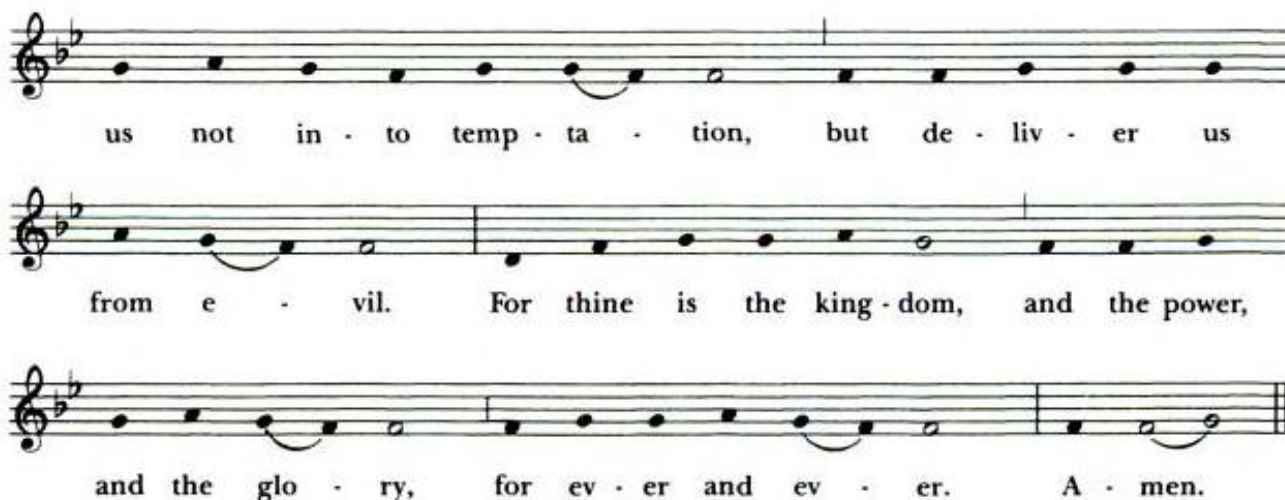
And now as our Savior Christ has taught us, we are bold to pray:

Celebrant and People together pray

The Lord's Prayer (Traditional)

The musical notation is written on five staves in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The notes are as follows: Staff 1: Four eighth notes (F, A, C, E), a quarter rest, and four eighth notes (F, A, C, E). Staff 2: A half note (F), a quarter note (A), a quarter note (C), a half note (E), a quarter note (F), a quarter note (A), a quarter note (C), and a half note (E). Staff 3: A half note (F), a quarter note (A), a quarter note (C), a half note (E), a quarter note (F), a quarter note (A), a quarter note (C), and a half note (E). Staff 4: A half note (F), a quarter note (A), a quarter note (C), a half note (E), a quarter note (F), a quarter note (A), a quarter note (C), and a half note (E). Staff 5: A half note (F), a quarter note (A), a quarter note (C), a half note (E), a quarter note (F), a quarter note (A), a quarter note (C), and a half note (E).

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead



Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

THE FRACTION

The Celebrant now breaks the consecrated Bread.

Then may be said:

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

THE PRAYER OF HUMBLE ACCESS

Celebrant and People may say together

**We do not presume to come to this your table, O merciful Lord,
trusting in our own righteousness,
but in your abundant and great mercies.**

**We are not worthy so much as to gather up
the crumbs under your table;
but you are the same Lord
whose character is always to have mercy.**

**Grant us, therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us. Amen.**

THE AGNUS DEI

The following or some other suitable anthem may be sung or said here:

The Holy Eucharist I

S 157

Fraction Anthem: O Lamb of God *Agnus Dei*



O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.
O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.
O Lamb of God, that ta - kest a - way the
sins of the world, grant us thy peace.

Setting: John Merbecke (1518?-1585?); adapt. *Hymnal* 1982

THE MINISTRATION OF COMMUNION

Facing the People, the Celebrant says the following invitation:

Behold the Lamb of God, behold him who takes away the sins of the world.
Blessed are those who are invited to the marriage supper of the Lamb.

JOHN 1:29^T, REVELATION 19:9

The Ministers receive the Sacrament in both kinds, and then immediately deliver it to the People.

The Bread and Cup are given to the communicants with these words

The Body of our Lord Jesus Christ, which was given for you, preserve your body and soul to everlasting life.

The Blood of our Lord Jesus Christ, which was shed for you, preserve your body and soul to everlasting life.

During (or after) the ministration of Communion, the following hymn may be sung.

POST-COMMUNION HYMN

#314—HUMBLY I ADORE THEE

1. Humbly I adore thee, Verity unseen,
who thy glory hidest,
'neath these shadows mean;
lo, to thee surrendered,
my whole heart is bowed,
tranced as it beholds thee,
shrined within the cloud.

2. Taste and touch and vision
to discern thee fail;
faith, that comes by hearing,
pierces through the veil.
I believe whate'er
the Son of God hath told;
what the Truth hath spoken,
that for truth I hold.

3. O memorial wondrous
of the Lord's own death;
living Bread that givest
all they creatures breath,
grant my spirit ever
by thy life may live,
to my taste thy sweetness
never failing give.

4. Jesus, whom now hidden,
I by faith behold,
what my soul doth long for,
that thy word foretold;
face to face thy splendor,
I at last shall see,
in the glorious vision,
blessed Lord, of thee.

THE POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People together say the following

**Almighty and everliving God,
we thank you for feeding us, in these holy mysteries,
with the spiritual food of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us, through this Sacrament,
of your favor and goodness towards us:
that we are true members of the mystical body of your Son,
the blessed company of all faithful people;
and are also heirs, through hope,**

**of your everlasting kingdom.
 And we humbly ask you, heavenly Father,
 to assist us with your grace,
 that we may continue in that holy fellowship,
 and do all the good works that you have prepared for us to walk in;
 through Jesus Christ our Lord,
 to whom, with you and the Holy Spirit,
 be all honor and glory, now and for ever. Amen.**

THE BLESSING

In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used as follows:

The Celebrant says

Bow down before the Lord.

The people kneel and the Celebrant says a solemn prayer over the people as appropriate to the Lenten week.

CLOSING HYMN

#448—O Love, How Deep

1 O love, how deep, how broad, how high,
 how passing thought and fantasy,
 that God, the Son of God, should take
 our mortal form for mortals' sake!

2 For us baptized, for us he bore
 his holy fast and hungered sore;
 for us temptations sharp he knew;
 for us the tempter overthrew.

3 For us he prayed; for us he taught;
 for us his daily works he wrought:
 by words and signs and actions, thus
 still seeking not himself, but us.

4 For us to wicked hands betrayed,
 scourged, mocked, in purple robe arrayed,
 he bore the shameful cross and death;
 for us gave up his dying breath.

5 For us he rose from death again;
 for us he went on high to reign;
 for us he sent his Spirit here
 to guide, to strengthen, and to cheer.

6 All glory to our Lord and God
 for love so deep, so high, so broad;
 the Trinity whom we adore
 forever and forevermore.

The Celebrant and other ministers recess to the back of the church where a closing prayer is offered:

Blessed, praised, worshiped, hallowed and adored be Jesus Christ on his throne of glory in heaven, in the most holy sacrament of the altar, and in the hearts of his faithful people (and may the souls of the faithful departed, ✠ through the mercy of God, rest in peace).

And may light perpetual shine upon them. Amen.

The Deacon, or the Celebrant, may dismiss the people with these words

People	Let us go forth in the name of Christ. Thanks be to God.
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